

Aldersgate UMC News

Dear Friends,

As you are all aware of the Covid 19 virus, we are in the midst of an unprecedented situation on a global, national and local level. In terms of disruption of life and genuine fear, this situation is on the level of events of 9/11/2001. However, the two events are very different in nature.

Furthermore, the situation and circumstances are changing on a daily basis if not hourly. Just today, we have heard of events, schools and even the NBA suspend their activities. The WHO just declared Covid 19 a pandemic.

Our conference office has recommended churches follow the directive of the local public health departments.

Thus, here at Aldersgate UMC, we are following the directives of the local health department by cancelling ALL church meetings and events including Sunday worship for the rest of the month of March. Aldersgate UMC is essentially a high-risk community with most of our members over the age of 60. We will reassess throughout this period as we enter into April.

We encourage anyone who believes they may be experiencing Covid 19 symptoms or may have been exposed to Covid 19 to call their health professional immediately. We especially encourage our seniors and other high-risk individuals to limit potential exposure to people and crowds through this period.

While the Covid 19 is a serious concern for our community; it is important that we remain positive – which means we lift up our prayers for those who have been affected by Covid 19, support these people in whatever ways we can and we take care of ourselves and others around us the best we can by washing our hands, sanitizing and covering our coughs. Furthermore, use this period to find ways to enhance your inner spirit through reading, meditation and at times, simple mindful breathing.

These are stressful times for all of us. Let us remember to be kind and compassionate to one another as we try to navigate these unforeseen circumstances. Our basic kindness can go a long way in combating the fear and stress of these times.

Roger

I (Roger) am available for phone/email/text consultation. At this point, it is best for me to limit personal visits to the members to limit any potential exposure. (At this point, I have no reason to believe I have been exposed to anyone who has Covid 19 exposure.)